

MONDAY









TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

We feature an inviting variety of fresh garden salad greens, vegetables, and fruits. Locally-grown items are offered whenever seasonally-available. rBST hormone free low-fat or fat-free milk is included with all meals. A meal includes an entrée, fruit and vegetable selection and milk. All bread products are whole grain and all featured menu items contain zero trans fat.

MAY 5th	WEDNESDAY COOKIE DAY	Wednesday 05/01	Thursday 05/02	Friday 05/03
			*Baked Chicken with Dinner Roll *Italian Dunkers *Yogurt Parfait & String Cheese	FINGER FOOD FRIDAYS! *WG Fish Sticks w/ Tots *WG Chicken Nuggets *Grilled Cheese Sandwich
Monday 05/06	Tuesday 05/07	Wednesday 05/08	Thursday 05/09	Friday 05/10
*Pasta Chicken Alfredo *Bean & Cheese Burrito *Roasted Turkey & Cheddar Cheese Sandwich	*Taco Tuesday *Cheese Quesadilla *Chicken Caesar Salad		*Mild or Spicy Chicken Sandwich *Italian Dunker *Yogurt Parfait & String Cheese	FINGER FOOD FRIDAYS! *WG Fish Sticks w/ Tots *WG Chicken Nuggets *Tuna Salad Wrap
Monday 05/13	Tuesday 05/14	Wednesday 05/15	Thursday 05/16	Friday 05/17
*Italian Pasta Bake with Roll *Cheeseburger *Protein Pack w/ Boiled Egg	*Taco Tuesday *Italian Dunkers *American Sub		*Baked Chicken with Dinner Roll *Italian Dunkers *Yogurt Parfait & String Cheese	FINGER FOOD FRIDAYS! *WG Fish Sticks w/ Tots *WG Chicken Nuggets *Grilled Cheese Sandwich
Monday 05/20	Tuesday 05/21	Wednesday 05/22	Thursday 05/23	Friday 05/24
*Pasta Chicken Alfredo *Bean & Cheese Burrito *Roasted Turkey & Cheddar Cheese Sandwich	*Taco Tuesday *Cheese Quesadilla *Chicken Caesar Salad		*Mild or Spicy Chicken Sandwich *Italian Dunker *Yogurt Parfait & String Cheese	FINGER FOOD FRIDAYS! *WG Fish Sticks w/ Tots *WG Chicken Nuggets *Tuna Salad Wrap
Monday 05/27	Tuesday 05/28	Wednesday 05/29	Thursday 05/30	Thursday 05/31
NO SCHOOL 	*Taco Tuesday *Italian Dunkers *American Sub		*Baked Chicken with Dinner Roll *Italian Dunkers *Yogurt Parfait & String Cheese	FINGER FOOD FRIDAYS! *WG Fish Sticks w/ Tots *WG Chicken Nuggets *Grilled Cheese Sandwich

FINGER FOOD FRIDAYS!

All food served will require no sporks. Therefore, the Child Nutrition Department is helping to save the environment.

What is the significance of Cinco de Mayo?

Cinco de Mayo, which isn't widely celebrated in Mexico, commemorates an underdog victory over France in the Battle of Puebla on May 5, 1862. The victory was galvanizing for the Mexican forces — and for those supporting them from afar — but it was short-lived, as France later occupied Mexico for a few years. Still, Cinco de Mayo continued to be celebrated in Puebla and, perhaps more significantly, by Mexican-Americans north of the border.



Sodexo is committed to promoting healthier food choices and encourages students and families to use the USDA MyPlate to build healthy and balanced meals.

liftoffsplayground.com

Breakfast Sandwich

Breakfast Pizza

Breakfast Bowl

Pancake & Eggs

Breakfast Pizza

Cinnamon Roll

WG Bagel

Assorted Muffin

WG Bagel

Cinnamon Roll

Additional Entrees Offered for Breakfast Daily!!

- Assorted Cereals offered with String Cheese or Graham Crackers
- Assorted Benefit Bars

Breakfast also includes: 100% Orange Juice, Canned Fruit and a variety of Milks.

Breakfast items are whole grain.

Student Lunch \$2.85/ Reduced price \$.40

DID YOU KNOW ALL STUDENTS EAT BREAKFAST FOR FREE!!

With the exception of WMS, SHIRAKAWA & RAMBLEWOOD

Apply for free and reduce meals and make payments at:

Online payments can be made at: www.family.titan12.com

Menu is subject to change. The USDA and this institution are equal opportunity employers.



FROM THE GARDEN LUNCH SALAD BAR

Fresh Fruit
Caesar Salad
Broccoli
Pinto Beans
Mixed Fruit

Fresh Fruit
Garden Salad
R/F Beans
Peaches
Pears

Fresh Fruit
Caesar Salad
Corn
Mixed Veggies
Peaches

Fresh Fruit
Garden Salad
Green Beans
Mixed Fruit
Pears

Dry Fruits
Apples
Oranges
Cuties
Banana

The Nutrition Services Department is encouraging parents to prepay for school lunch so we can serve your students faster in the cafeteria. If you have question, please call Nutrition Services 408-283-6010

Applications for free and reduced lunches are available. New application needs to be filled out each school year for every household. One application per household. We encourage you to apply on line. You will be approved within 5 minutes.